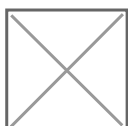


# 18 My Alchemy Journal

I keep an Alchemy Journal. It's like a Grail Diary but more notes and less exploration. I use Livescribe to keep and digitize the journal, and I can make a PDF of it. Here is that PDF. It's big, and it isn't all alchemy; some is history of science or the history of chemistry. And my penmanship is lousy.

[Wilson's Alchemy Diary.pdf \(27.68 mb\)](#)



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